

# BRUCE W. VAN NATTA, MD



## Important Medical Information

We cannot list every unsafe item on our precautions list, so be sure to tell us everything you are taking beyond everyday food and beverages. Your procedure may not be safe to perform, and your surgery may have to be cancelled if you fail to comply.

### **Medication Precautions**

The drugs that are listed below interfere with blood clotting and anesthesia, thus making surgery difficult or impossible to perform. **Please stop taking any of these drugs for 2 weeks prior to your surgery.**

You are responsible for informing us if you are taking or have been taking any of the following:

- Meridia, Phentermine, Adipex
- Evista – Must stop 72 hours prior to surgery

### **Stop these 2 weeks prior to surgery:**

Health Food/Vitamin Supplements/Diet Supplements (Physician prescribed and Over-The-Counter)

St. John's Wort, Evening Primrose Oil, Fish Oils, Green Tea, Ginko Biloba, Acai Berry, "Extra" Doses of Vitamin E.

Aspirin, Coumadin, Dicumarol, Heparin or other anticoagulant (blood thinning)

## Drugs

<b>Non-Steroidal Anti-Inflammatory Medications (NSAIDS)</b>	<b>Anti-Inflammatory Drugs</b>
Advil (Ibuprofen)	Anturane (Sulfincyrazone)
Aleve	Butazolidin (Phenylbutazone)
Anaprox (Naprosyn-Na)	Furadantin (Nitrofurantoin)
Ansaid	Macrofantin
Forban	Nalfon (Fenoprofen)

Indocin (Indomethecin)	Persantin (Dipyridamole)
Mobic	Tolectin (Tometrin)
Motrin (Ibuprofen)	Voltaran
Naprosyn (Naproxen)	Zomax (Zomepirac)
Relafen	

**The following medications contain Aspirin, which may also affect the blood's ability to clot.**

If you have any questions regarding the medications you are currently taking, please contact one of our nurses at (317) 575-0336 ext. 168.

A-A Compo und	Ascriptin	Convang esic	Febrinett e	Norgesic	Sine-Aid
---------------------	-----------	-----------------	----------------	----------	----------

A.C.A.	Aspadee n	Coricidin	Fendol	Novasen	Sine-Off
Aceteba r	Aspadine	Damason -P	Fiogestic	Opasal	Sinex
Acetesa m	Aspergu m	Darvon w/ ASA	Fiornal	Os-Cal- Gestic	Soltice
Alka Seltzer	Asphac G	Darvon Compou nd	4-Way w/ Codeine	Pabirin	Soma
Allylgesi c	Aspirin (ASA)	Depoject	Gelocid	PAC Compoun d	Stratter a
Alprin	Axotal	Dedacine	Gymnisy n	Pan-PAC	Supac
Aluprin	Bayer Products	Defensin	Goody's Powder	Pasicar	Synalgo s

Amigesic	BC Tablets	DeWitts Pills	Haysma	Percodan	Tabicid-APC
Amsodyne	Bontril	Dovosal	Hepto	Persistin	Talwin Compound
Anacin	Butrin	Dristamad	Histadyl w/ ASA	Phenetron	Ten-Shun
Anexsia	Buff-A	Dristan	Isolarb	Phentermine	Triaminicin
Anadynas	Buffadyn e	Duradyne	Isollyl	Presalin	Trigesic
Anti-Ten	Bufferin	Duragesic	Lanorinal	Propoxyphene	Ultradol
APAC	BUF	Dynosal	Lodine	Protension	Ursinus

Apa-Deine	Cama Inlay	Easprin	Marval	Rhinex	Vanquis h
APC	Cheracol	Ecotrin	Measurin	Rhinocaps	Van-Tral-Nal
Arthritis Formula	Christedyn	Emagrin	Mepra	Robaxisal	Viramed
Arthritis Bufferin	Coastalg esic	Empirin	Mepragesic	Ru-Lar-N	Zorprin
Arthrotec	Cadasa Tab	Encaprin	Midol	Salatin	Evista- must stop 72 hours before
A.S.A. Compound	Colcare	Entropen	Mobigesic	Saleto	

Asalca	Colrex	Equagesic	Momentum	Salflex	
Asaphen	Congestron	Excedrin	Monacal	Salsalate	

### **Important Post-Surgery Medication Information**

Prior to your procedure we will send any medications that may be prescribed by your surgeon 3-5 days before your scheduled surgery date. Below is a list of the medications **you may or may not receive**, depending on the procedures you are having. We have listed the brand and generic name; most of the time the generic of the medication will be dispensed by the pharmacy. The majority of these medications will be started **after surgery**. If you are to begin any prior to surgery, the instructions on the bottle will state that.

**If you have questions or are unable to take any of the medications prescribed to you, please notify us immediately by calling our nursing line at (317) 575-0336 ext. 168.**

**Bactroban (Mupirocin)** is a prescription antibacterial ointment.

**Celebrex (Celecoxib)** is a potent non-narcotic anti-inflammatory medication. Many patients have found that they can significantly reduce their use of oral narcotic pain medication while using Celebrex. Many insurance companies will not cover this drug; therefore, you may expect difficulties trying to fill this prescription with your insurance benefits card. **Please do not ask your pharmacist to call the office. We are unable to pre-authorize.** The cost for

20 pills is around \$40.00. There is a prescription savings card available at [www.Celebrex.com](http://www.Celebrex.com). You may also use the GoodRx app on your phone to bring the cost down depending on your pharmacy.

**Percocet (oxycodone)** is a narcotic pain medication. The medication should be taken every 4-6 hours to maintain comfort. This should not be used to help you sleep. It is normal to experience itching from narcotic medications. If you develop itching outside of your surgical sites you may take an antihistamine such as Benadryl. Narcotic medications also have the tendency to cause nausea or other stomach discomfort if not taken with a sufficient amount of food. Itching and nausea are not necessarily allergic reactions but common side effects. The most common side effect is constipation. If you develop constipation, you may use an over-the-counter stool softener or laxative of your choice. It is also helpful to drink plenty of water.

**Keflex (cephalexin), Cipro (ciprofloxacin), Bactrim DS (sulfamethoxazole/trimethoprim), Doxycycline (doxycycline hyclate)** are antibiotics prescribed before or after surgery. If your surgery requires placement of a drain, you will be taking this medication until your drain is removed. Otherwise, you will be on the medication for approximately 7-10 days, depending on what your doctor has ordered. Follow the directions on the bottle.

**Erythromycin Ointment** is an antibiotic eye ointment that we prescribe for after eye surgery. Follow the directions on the prescription.

**Phenergan (promethazine), Zofran (ondansetron), Emend (aprepitant)** is to help with nausea usually caused by anesthesia or upset stomach from narcotic medications.

**Toradol (ketorolac)** is an anti-inflammatory drug that is a powerful non-narcotic pain medication. Toradol can cause stomach discomfort if taken over a long period of time. Therefore, we will only order you enough for five days. If

a dose of Toradol coincides with a dose of narcotic pain medication, you may take them at the same time. Both should always be taken with food.

**Gabapentin (Neurontin)** is used to treat surgical nerve pain which may be presented as shooting, tingling, stabbing or burning pain. These types of sensations are commonly associated with liposuction.

**Valium (Diazepam)** is used to treat restlessness and anxiety.

**Zovirax (acyclovir)** is an anti-viral medication for use after your surgery. It is mostly used for skin resurfacing procedures. Follow the directions on the prescription.

**Xarelto** is used to prevent blood clots in the lower extremities in patients who have surgery on his/her abdomen and/or thighs. Xarelto is prescribed in oral form and is to be started 24 hours after surgery, and taken daily until completed.

**Extra Strength Tylenol (acetaminophen)** is an over-the-counter pain medication. We ask that you utilize this as much as possible in place of narcotic pain medications. Please do not exceed more than 4000mg (8 pills) in a 24-hour period.

**CoEnzyme Q10** is given for those having fat grafting surgery. It is located in the vitamin aisle in your local grocery. You are to take 100mg once daily two weeks prior to surgery and two weeks after surgery.